

**San Pedro Mental Health Center Highlights May as Mental Health Month
with Stories of Wellness
By Kathleen Piché, L.C.S. W, Public Affairs Director**



San Pedro Mental Health Center celebrated May is Mental Health Month on Thursday, May 22, 2014, with an outdoor celebration of community, clients and families at the *Third Annual May Is Mental Health Month Community Resource Fair and Art Expo* in the parking lot of the clinic. This year's event focused largely on community integration to enhance the lives of clients and families.



The Fair also included information and presentations from an author/motivational speaker and local legislators. This year, Adult System of Care (ASOC) Deputy Director, Cathy Warner, was honored by San Pedro MHC Staff with the "Inspirational Service Award" to revere Ms. Warner's work on behalf of clients and families to promote wellness and recovery.



In addition to information and resources, visitors enjoyed Island-inspired dancing and other movement presentations, in addition to a large lunch that was provided.



Thanks to Maria Salas and Gail Sulser for organizing the event, and to Wellness Supervisor, Belen Williams and Program Head, Kathrine Lundy, for supporting it.

